



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

Counselling



Centurion
UNIVERSITY
*Shaping Lives...
Empowering Communities...*

Vocational Rehabilitation

- It is carrying out vocational training, establishment of special workstations, vocational adaptation and playing in a job.
- People who are blind and visually impaired work with a rehabilitation team to develop an employment goal and achieve success in employment.
- This team might include a rehabilitation counsellor, a rehabilitation teacher and/or mobility specialist



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

- This team might include a rehabilitation counsellor, a rehabilitation teacher and/or mobility specialist
- **Vocational Rehabilitation** (VR) services assist persons who are blind in preparing for obtaining and retaining employment. Applicants are made eligible based upon their visual disability, their need for VR services, and their eagerness to work.



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

Social Rehabilitation

- Social rehabilitation is a process the aim of which is to attain functioning ability.
- This ability means the capacity of a person to function in various social situations towards the satisfaction of his or her needs and the right to achieve maximum richness in his or her participation in society.



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

Continue...

- In low vision counselling, the counsellor will give guidelines for the visually impaired person to carry out daily living activities and orientation and mobility.



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

Daily living activities

- Activities of daily living comprise everything entailed in human life and relationships.
- These are the basic activities necessary during an ordinary day. Sighted person normally learn to perform these activities by themselves by observation and imitation.



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

Continue..

- But the visually impaired person cannot learn the same on his own.
- The counsellor will guide the visually impaired persons and make them do all the activities independently and safely with the least possible external assistance.



Centurion
UNIVERSITY
Shaping Lives...
Empowering Communities...

Orientation and Mobility

- Orientation and mobility training (O & M) helps a blind or visually impaired child to know where he is in space and where he would like to go (orientation). It also helps him to carry out a plan to get there (mobility).



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

Continue...

- Orientation and mobility skills development should begin in infancy starting with basic body awareness and movement, and continuing on into adulthood as the individual learns skills that allow him to navigate his world efficiently, effectively would like and safely.



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

Support services

- The counsellor will guide blind persons to attain various concessions (bus pass, railway concessions, disability pension, scholarships) from the district rehabilitation office.



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

REFERENCE

- DELHI JOURNAL OF OPHTHALMOLOGY
- LOW VISION AIDS BY MONICA CHAUDARY-PG NO 152