



Centurion
UNIVERSITY

Shaping Lives...
Empowering Communities...

visually handicapped 2



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

TURNING ROUND or ABOUT FACE

- **GUIDE**:- Ask the follower to “about face” turn in to face the follower. Offer your other arm. Complete the turn once the follower has grasped your arm.
- **FOLLOWER**:- Face the guide. Contact the guide’s other arm. Release your original grasp. Assume the normal grasp on the new arm.



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

pictures



**TURNING ROUND or ABOUT
FACE GUIDE**



Centurion
UNIVERSITY
*Shaping Lives...
Empowering Communities...*

CHANGING SIDES

- (Before stairs or to avoid an obstacle)
- **GUIDE**:- Ask the follower to change sides. Bring your arm behind you.
- **FOLLOWER**:- Grasp the guide's arm with your free hand .Release your original grasp and slide that hand across the guide's back to the free arm.
- Bring your second across to the guide's other arm. Assume the normal grasp position.



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

Pictures



CHANGING SIDES GUIDE



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

NARROW PASSAGE

- **GUIDE**:- Continue facing forward, move your arm diagonally across your back.
- **FOLLOWER**:- Straighten out your arm and move directly behind the guide thus following effectively in single file.



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

Picture



NARROW PASSAGE GUIDE



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

SITTING

- **GUIDE** :- Position the follower in, so that the follower's knees touch the front of the chair.
- For some follower it may be helpful to describe the back and arms of the chair.
- **FOLLOWERS**:- Bend to the chair, sweep the seat with one hand, locate the arms and sit.



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

pictures



SITTING GUIDE



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

CARS

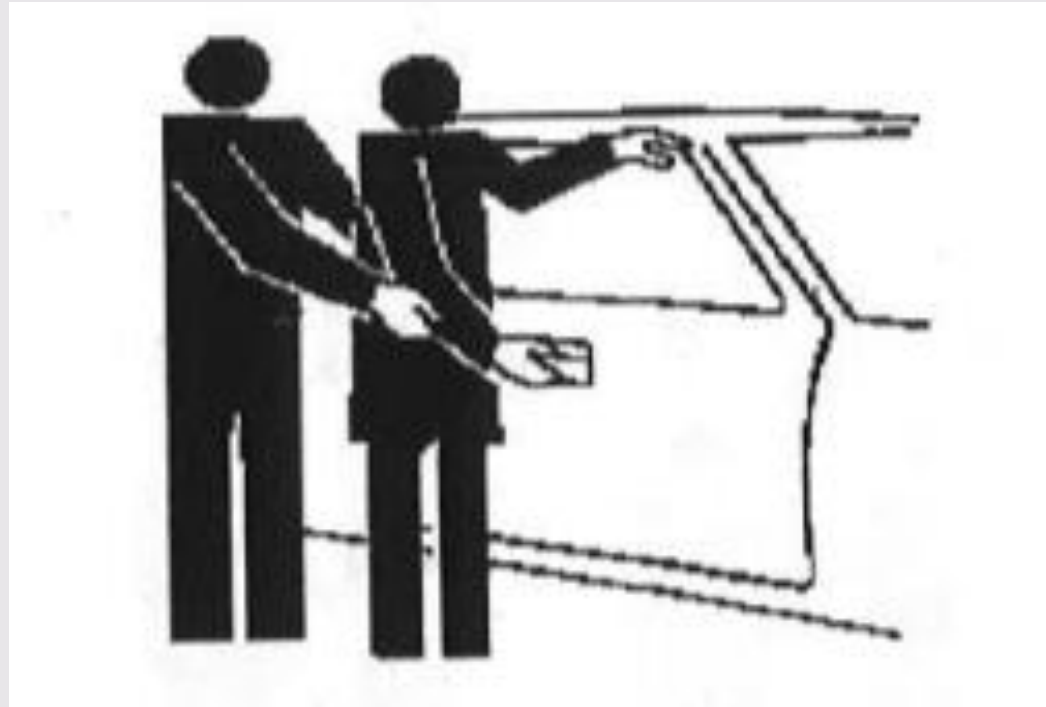
- **GUIDE** :- Guide the follower to the door handle, indicate front or back door, and indicate which way the car is facing.
- **FOLLOWER**:- Locate the frame above the door with one hand and the door handle with the other. Sweep the seat with your hand before sitting. **BUCKLE UP!!**



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

PICTURE



CAR GUIDE



Centurion
UNIVERSITY

*Shaping Lives...
Empowering Communities...*

Reference

- Essentials of low vision practice ; Richard L. Brilliant.PG 261
- Low vision rehabilitation manual.PG-15 TO 45.
- LOW VISION AIDS BY MONICA CHAUDARY PG NO -25.
- LOW VISION MANUAL BY JONATHAN JACKSON PG-NO-319-336