

Povidone-Iodine gargle

AIM: To prepare and dispense 10ml of povidone iodine gargle.

Requirements: Povidone iodine, purified water, beaker, stirrer, measuring cylinder.

Principle: It is used to treat infections of lining of mouth and throat such as gingivitis and mouth ulcers. It is an antiseptic active against micro-organisms, bacteria, fungus, virus, protozoa and bacterio spores. It is also used for oral hygiene before during after dental or oral surgery. It is used by diluting with equal volume of warm water gargle up to 10ml for 30 sec with out swallowing. These are supplied in colored fluted bottles.

Procedure: Weighed 1gm of povidone iodine and transfer to 100ml measuring cylinder and add boil and cooled purify water to the measuring cylinder, stir well. Transfer the solution in a appropriate ambered colored glass bottle and label it.

Label:

Direction:

- Dilute the solution with equal volume of water (warm) Before use.
- Gargle for 30sec.

Storage: Store in a cool and dark place.

Report:

S.no	Ingredients	Official quantity	Required quantity
1.	Povidone iodine	1g	
2.	Purified water	100ml	

Label:

Povidone Iodine Gargle	
NAME:	SEX:
AGE:	REF NO:
DATE OF DESPENSING:	
Direction: Dilute the solution with equal volume warm water before use.	
FOR ORAL USE ONLY	
STORAGE: stored in a cool place and Dark place.	
PRESCRIBED BY:	
DISPENSED BY:	
ADDRES OF PHARMACY: VNIPS	