# cosmetics







## Introduction

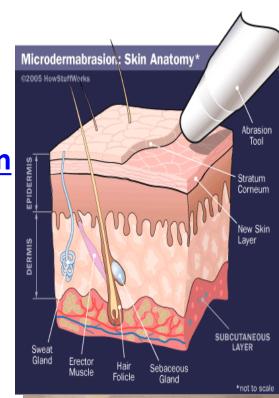
- Cosmetics: are substances used to enhance or protect the appearance or odor of the human skin.
- Cosmetics include skin-care <u>creams</u>, <u>lotions</u>, <u>powders</u>, <u>perfumes</u>, <u>lipsticks</u>, fingernail and toenail polishes, <u>eye</u> and facial makeup, permanent waves, <u>hair</u> colors, hair sprays and <u>gels</u>, <u>deodorants</u>, baby products, bath oils, <u>bubble baths</u>, <u>bath salts</u>, <u>butters</u> and many other types of products.
- ☐ Their use is widespread, especially among women.

### Introduction

- Many manufacturers distinguish between decorative cosmetics and care cosmetics
- □ recent years have seen an increasing market for <u>prescription</u> or <u>surgical</u> cosmetic procedures.
  - ✓ range from temporary enhancements, such as cosmetic colored <u>contact lenses</u>, to major <u>cosmetic surgery</u>.

### Introduction...

- Many techniques, such as <u>microdermabrasion</u> and physical or <u>chemical peels</u>, remove the oldest, top layers of skin <u>cells</u>.
- ☐ The younger layers of skin left behind appear more plump, youthful, and soft.
- ☐ Permanent application of pigments (tattooing)is also used cosmetically





## Introduction...

- The manufacture of cosmetics is currently dominated by a small number of <u>multinational corporations</u> that originated in the early <u>20th century</u>,
- spread among a wide range of different businesses.
- FDA defines cosmetics as: "intended to be applied to the human body for cleansing, beautifying, promoting attractiveness, or altering the appearance without affecting the body's structure or functions."

### Introduction...

 Cosmetics include such cleansing agents such as shaving creams, shampoos, cleansing creams and lotion but not include toilet and bath soaps even when they are expensively packed as gift sets.

 The devices used in applying the cosmetics as brush, comb razor blades they are not included in cosmetics

## 2. History of cosmetics

- ☐ The Romans and Ancient Egyptians used cosmetics (mercury and often lead).
- ☐ The Palestine, Jezebel painted her eyes—approximately 840 BC recorded in the Old Testament—2 Kings 9:30
- ☐ The Biblical book of <u>Esther</u> describes various beauty treatments as well.
- ☐ Cosmetic use was frowned upon at some points in history.
  - ✓ in the <u>1800s</u>, make-up was used primarily by <u>prostitutes</u>, and <u>Queen</u>
     <u>Victoria</u> publicly declared makeup improper, <u>vulgar</u>, and acceptable only for use by <u>actors</u>

## History of cosmetics...

- By the middle of the 20th century, cosmetics were in widespread use in nearly all <u>societies</u> around the <u>world</u>.
- Cosmetics have been in use for thousands of years.
- The absence of <u>regulation</u> of the manufacture and use of cosmetics has led to negative <u>side effects</u>, <u>deformities</u>, <u>blindness</u>, and even <u>death</u> through the ages.

E.g. blindness caused by the mascara Lash



## Ideal Properties of cosmetics

## Formulation and common ingredients of cosmetics

- the target substance in cosmetic products may not be easily applied on the human body
  - ✓ may be dissolved into or
  - ✓ mixed with different kinds of chemical additives.
- Excipients are also sometimes used to bulk up cosmetical formulations with very potent target substances, to allow for convenient and accurate dosage.

- once cosmetic products have been formulated, it cannot stay in purified form for long
  - ✓ will denature,
  - ✓ fall out of solution,
  - ✓ or stick to the sides of the container.
- ❖ To stabilize the product, excipients are added, ensuring that the target ingredient stays "active", and, just as importantly, stable for a sufficiently long period of time

- Pharmaceutical codes require that all ingredients in cosmetics, as well as their <u>chemical decomposition</u> products are identified and guaranteed to be safe.
  - ✓ excipients are only used when absolutely necessary
  - ✓ in the smallest amounts possible.
- Fragrances and preservatives are the main ingredients in cosmetics.

### Fillers/Diluents/vehicle

- Fillers fill out the amount of the product, making it practical to produce and convenient for the consumer to use.
- Provide proper volume for consumer handling.

oily or water soluble polymers.

#### Flavors and colors:

- ✓ added to improve the taste or appearance of a formulation.
- ✓ Color consistency allows easy identification of a product

#### Lubricants

- prevent ingredients from clumping together
- prevent ingredients from sticking the processing machines.

#### An antioxidant

- preventing the <u>oxidation</u> of other additives
- Oxidation reactions can produce <u>free radicals</u>, which start <u>chain reactions</u> that damage <u>cells</u>.
- Antioxidants terminate these chain reactions by removing free radical intermediates, and inhibit other oxidation reactions by being oxidized themselves.

eg. thiols or polyphenols.

#### **Fragrances**

- give the product a fresh, pleasing odor and cover up the smell of other ingredients.
- Fragrances in skin-care products are the most likely cause of skin irritations or contact allergies.

cinnamic alcohol, hydroxycitronella and isoeugenol cause skin reactions

#### **Preservatives**

- Any product that includes water and oil must contain one or more preservatives
- may cause skin reactions
   eg quaternium and imidazolidinyl urea.

#### An emulsifier

- a type of surfactant typically used to keep emulsion well dispersed.
- form a protective layer so that the oil molecules cannot "clump"

Humectants (urea, glycerin, alpha hydroxy acids, lactic acid, others).

- substances that absorb water from the air and hold the moisture in the skin.
- Humectants need very high humidity levels to be effective.
- are also useful in softening thickened or scaly skin.

Emollients (butyl stearate, glycerin, lanolin, mineral oil, petrolatum, others).

- These ingredients fill in the spaces between the cells in the skin,
  - ✓ replace lipids thus smoothing and lubricating rough skin
- Emollients are either:
  - ✓ oil based,
  - ✓ water based, which means they are primarily water
  - Oil-based creams leave a slight residue on the skin
  - Most creams and lotions on the market are water based.

- 1. Depending up on the physical form cosmetics can be classified as.
  - Emulsions eg: cold cream; vanishing cream
  - Powders eg: face powder, talcum powder, tooth powder.
  - Sticks eg: Lipsticks, deodorant sticks.
  - Oils eg: hair oils.
  - Jellies eg: hand jelly
  - Paste eg: Tooth past, deodorant paste.
  - Soap eg; shampoo, shaving soap
  - Solution eg: After shave solution
  - Aerosols eg: After shave spray.

- Can be classified based on widely used body parts as:
  - > Hair cosmetics
  - > Face cosmetics
  - > Eye make ups
  - > Lip decorators and carers
  - ➤ Nail cosmetics
  - > Skin cosmetics

#### 1. Hair cosmetics

- The color of hair and skin is determined by the relative amounts of two pigments:
  - ✓ melanin, a brownish black pigment,
  - ✓ phaeomelanin, a red-brown pigment that colors the hair and skin of redheads.

Hair-coloring dyes, tints, and rinses, available in many shades and colors, are widely used cosmetic products.

- ✓ Henna is a vegetable dye, used for centuries to impart a red tint to the hair.
- ✓ Weak solutions of H<sub>2</sub>O<sub>2</sub> are often employed as hair bleaches

Hair lotions and hair sprays are used to condition keep it in place, or make it glossy.



**Shampoos** are based on soap or synthetic detergents

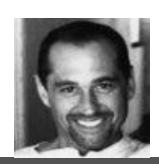
✓ used to cleanse, glossiffy and leave the hair lustrous



#### **Hair Restorers**

- Minoxidil produce a growth of fine hair anyplace on the skin where there are hair follicles.
- sold under the trade name Rogaine





**Jon Ross** 

Before Minox

After Minox

Body <u>hair removal</u>, chemical hair relaxers or straighteners,
 <u>permanent waves</u> are some examples of hair cosmetics.







Hair removal

hair relaxation

#### 2. Face cosmetics

- Face powder is a <u>cosmetic</u> powder applied to
- the face to set <u>foundation</u> after application.
- can also be reapplied throughout the day to minimize shininess caused by oily skin
- A concealer or colour corrector is a type of <u>makeup</u> used to cover <u>pimples</u>, dark circles and other small blemishes visible on the skin.
- mainly used by women but also by some men

### Face cosmetics...

Rouge also called **Blush**, is a cosmetic typically used

by women to redden the cheeks

to provide a more youthful appearance,
 and to emphasise the <u>cheekbones</u>

Foundation , used to color the <u>face</u> and conceal flaws to

produce an impression of health and youth.

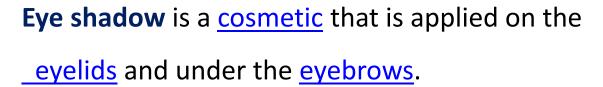
Usually a liquid, cream, powder or mousse.



## 3. Eye make ups

**Eye liner** is a <u>cosmetic</u> used to define the <u>eyes</u>.

applied around the contours of the eye to create a variety of aesthetic illusions.



- commonly used to make the wearer's eyes stand out or look more attractive.
- Eye shadow adds depth and dimension to one's eyes,
   complements the eye color, or simply draws attention to the eyes..



## Eye make ups

Mascara is a <u>cosmetic</u> used to darken, thicken and define <u>eyelashes</u>.



Mascara comes in three forms: liquid, cake, and cream.

The general purpose of mascara is to emphasise, thicker lengthen, and define lashes.

Mascara is available with tube and wand applicators.

**Eye brow pencils,** creams, <u>waxes</u>, gels and powders are used to fill in and define the brows.

## 4. Lip decorators and carers

Lip gloss is a <u>cosmetic</u> product used primarily to give the lips shine and sometimes subtle color.

- is distributed as a liquid or a soft solid.
- can be completely clear, <u>translucent</u>, or various shades of <u>opacity</u>, including frosted, glittered, and metallic looks.

Lip balm is a lip cosmetic product which generally has medicinal purposes







Lipstick is a cosmetic product containing pigments, oils, waxes,

emollients that applies color

and texture to the lips.

Lippy is a common British equivalent for lipstick.



enhanced, fuller look.

Lip Plumper is distributed as a <u>viscous liquid</u> applied to the lips with a roller or brush applicator.







- It can be <u>translucent</u> or have various tints, and can be worn alone or over <u>regular lipstick</u>.
- Lip Plumpers are popular with <u>women</u> due to the many perceived benefits including lip enhancement, collagen stimulation, moisturizing effect, ease of application, and pouty, sexy look they help to give the lips



#### 5. Nail cosmetics

- Nail polish or nail varnish is a <u>lacquer</u> that is applied to the <u>nails</u> of both the <u>fingers</u> and <u>toes</u>, usually cosmetically,
- but also as protection for the nails.
- The act of simply polishing the nails without applying a chemical layer afterwards is called <u>nail buffing</u>



### **6.Skin cosmetics**

- Epidermis consists of two parts: dead cells on the outside (the corneal layer) and living cells on the inside, continually replacing corneal cells.
- Corneal layer is composed of keratin, which has a moisture content of about 10%.
- Sebum, an oily secretion of the sebaccous glands protects skin from loss of moisture.

- Cosmetics are applied to the dead cells of the corneal layer.
  - ✓ Moisturizers hold moisture in the skin.
- work best when applied while the skin is still wet from a bath or shower.
- don't actually add moisture to skin.
- form a physical barrier that hinders evaporation of water from the skin.

Anti-aging creams are moisturisers marketed with the promise of making the consumer look younger and reducing visible

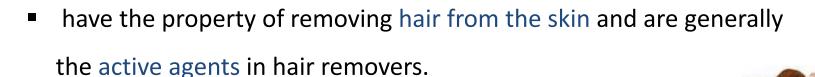
wrinkles on the skin.

 Despite great demand, many such products and treatments have not been proven to give lasting or major positive effects.

A decrease in wrinkle depth of 10% is typical.



### **Depilatories** are sulfides of calcium and barium



Bronzers are creams that impart a color to

the skin similar to that of suntan preparations and

used to create a more <u>tanned</u> or sun-kissed look



Deodorants are products that have perfume to mask body order and a germicide to kill odor-causing bacteria.



### Antiperspirants: are usually deodorants

- but they also retard perspiration
- ☐ Zirconium and aluminum chlorides and hydroxides

functions as astringents, which constrict the openings of

the sweat glands,

√ thus restricting the amount of perspiration that can escape.



#### **Sunscreen Lotions**

- UV rays in sunlight triggers production of the pigment melanin, which then protects the deeper layers of the skin from damage.
- Excessive exposure to ultraviolet radiation causes premature aging of the skin and leads to skin cancer.
- Most sunscreen lotions block UV-B radiation while letting through the less energetic long-wave UV-A rays that promote tanning.

- PABA derivatives OMC (Octyl methoxycinnamate) is now used as a UV-B filter in about 90% of all sunscreen lotions.
- Physical sunscreens, or sunblocks, block all UV radiation