



**Centurion**  
**UNIVERSITY**

*Shaping Lives...  
Empowering Communities...*

## EXPERIMENT NO: 2

### Peppermint leaves: Folia Menthae

**Latin name:** *Mentha piperita L.*      (**Garden Mint**)  
                  *Mentha spicata L.*      (**Spearmint**)

**Family:** *Labiatae*



*Mentha piperita*

*Mentha spicata*

- Perennial herbaceous plant.
- It needs day time length 15-16 hours.

- The leaves are thin & dentate.
- Colour: green.
- Odor: aromatic.
- Taste: aromatic & pungent.
- Origin: Europe & Mediterranean regions.

**Chemical constituents :**

- I. Peppermint oil (V.O) 1-2% yellow & pungent: 1. menthol 50-90%  
2. menthone 3. menthafurane 4. methyl acetate 5. valeric acid 6.cineole  
7. jasmone .
- II. Resins .
- III. Tannins .

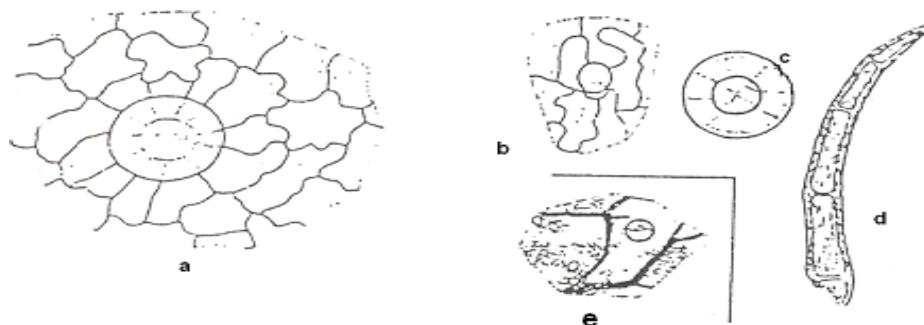
**Uses:**

1. Carminative.
2. Flavoring agent (gums, tooth paste, mouth wash).
3. Internally menthol has a depressant effect on the heart.
4. Antiseptic.
5. Antipruritic.
6. Counter irritant ( menthol).

**Microscopical examination**

The characteristic key elements are:

1. Multicellular non-glandular hair (translucent hairs) (d).
2. Epidermis with gland scales (a).



- a) Epidermal fragment with gland scale.
- b) Epidermal fragment with glandular hair.
- c) Younger glandular hair.
- d) Fragment of multicellular non-glandular hair.
- e) General view.