Centurion University of Technology and Management School of Applied Sciences , PKD. Department of Óptometry

Optometry Question Bank

Compiledby

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~1~ Optometry, Question Bank : Long Questions :

Embryology and Anatomy:-

- **1.** Development, structures & attachment of **Vitreous.**
- 2. Describe the Anatomy and Blood Supply of Optic Nerve with Diagram.
- 3. Discuss the Anatomy of the Lens & its Development.
- 4. Write the Anatomy of Angle of Anterior Chamber.
- 5. Draw and describe the Structure of Upper Eye Lid. Describe the origin, insertion and nerve supply of Levator Palpebrae Superioris.
- 6. Discuss the Micro and Macro Anatomy of Retina.
- 7. Describe the Anatomy of Cornea and its Congenital Anomalies.
- 8. Write the development, anatomy and anomalies of Nasolacrimal Passage.
- 9. Describe the structures and development of **Crystalline Lens** and its various attachments.
- 10. Describe the closure of **Foetal Fissure** and the results of imperfect closure during development.
- 11. Describe the normal structure of **Iris** and its abnormalities.
- 12. Extra Ocular Muscles.

Physiology of the Eye:-

- 1. Describe the factors responsible for maintenance of **Corneal Transparency.** How would you **Assess** the Corneal Endothelium?
- 2. How does cornea maintain its transparency? Write various factors that include **Corneal** Vascularisation and outline the **Process of Corneal Wound Healing**.
- 3. Describe the Metabolism of Cornea. How does cornea maintain its transparency?
- 4. Describe the Actions of different Extraocular Muscles and the Fundamental Laws governing Ocular Motility.
- 5. Describe the Factors responsible for maintenance of normal IOP. Diurnal Variation.
- 6. Discuss the detailed physiology of Aqueous Humor Formation & Outflow.
- 7. Lens Metabolism.

Physiology of vision:-

- 1. Describe the physiological basis and clinical applications of ERG.
- 2. Describe the **Electrophysiological investigations** for various ocular disorders and their interpretations.

Ocular Pharmacology:-

- 1. Discuss the various **Antiviral Drugs** used in ophthalmology.
- 2. Discuss the Newer Antiglaucoma Drugs.
- 3. What are drugs used for Intra-vitreal Therapy. Write its indications & complications.

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4. Role of **Immunosuppressive drugs** in Ophthalmology.

Refraction of the Normal Eye:-

1. What do you understand by **Schematic and Reduced Eye?** Describe with proper diagram. Describe the **Use of Schematic Eye.**

Refractive Errors:-

1. Discuss the various **Refractive Surgeries** with their advantages and disadvantages.

The Estimation & Correction of Refractive Errors:-

- 1. What is **Retinoscopy?** What are the principles and methods of retinoscopy?
- 2. Describe **Indirect Ophthamoscopy** with its optical principle with diagram. Discuss its advantages over direct and its recent advancement.
- 3. Describe the **Optics of IDO with Diagram.** What is its difference with direct ophthalmoscopy.

Diseases of the Eyelid:-

- 1. Classify **Ptosis.** How will you manage a case of ptosis?
- 2. Describe the different Surgical Treatment of Ptosis.
- 3. Describe morphology & histopathological examination of common Malignant Lesions of Eyelid.

Diseases of the Conjunctiva:-

- 1. Describe the clinical feature and management of **Conjunctivitis**.
- 2. Discuss briefly the **Mucocutaneous affection of the eye** and outline the management.
- 3. Management of Recurrent Pterygium.

Diseases of the Cornea & Sclera:-

- 1. Discuss the clinical features and management of Pseudophakik Bullous Keratopathy.
- 2. Peripheral Corneal Degeneration.
- 3. Give detailed account of Herpes Zoster Ophthalmicus.
- 4. What are the different Viral Keratitis? Write clinical features and management.

Diseases of the Uvea:-

- 1. Describe the symptoms and signs of **Acute Anterior Uveitis** and its management.
- 2. Ocular Toxoplasmosis.
- 3. Granulomatous Uveitis.
- 4. Early diagnostic feature & management of Post Operative Case of Endophthalmitis.

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Diseases of the Lens:-

- 1. Surgical management of Paediatric Cataract.
- 2. Discuss the various **IOL and its Development.** Write about the advantages and disadvantages.
- 3. Discuss the management of a case of Cataract with Uveitis.
- 4. Management of Posterior Dislocation of Lens.
- 5. Discuss the management of Congenital Cataract.

The Glaucomas:-

- **1.** Describe clinical feature & differential diagnosis of **Congenital Glaucoma**.
- 2. Describe the clinical features, differential diagnosis and management of **Congenital Glaucoma**.
- **3.** Describe the **Formation of Aqueous Humor & Drainage.** Describe **Acute Congestive Glaucoma** in short, its symptoms, sign and management.
- 4. Describe the different **Provocative Tests of Glaucoma**.
- 5. How will you **Measure IOP**? What are the **Factors that Influence IOP**? Write the merits and demerits of **Various types of Tonometry.**
- 6. Describe the **Principle of Gonioscopy** and its **Clinical Importance**.
- 7. Describe the newer diagnostic modalities and medical management of **Primary Open Angle Glaucoma.**
- 8. Traumatic Glaucoma.

Diseases of the Vitreous:-

- 1. Discuss the causes and management of Vitreous Haemorrhage.
- 2. What are the various causes of **Vitreous Haemorrhage?** Outline the management.

Diseases of the Retina:-

- 1. Discuss pathogenesis of **Diabetic Retinopathy**. How will you manage such case?
- 2. Classification, pathogenesis, clinical features of Diabetic Retinopathy.
- 3. Write the classification, clinical features and management of **Retinopathy of Prematurity**
- 4. C/F and management of **Diabetic Retinopathy**.
- 5. Describe pathogenesis, clinical features and management of **Diabetic Maculopathy**.
- 6. Non Proliferative Diabetic Retinopathy.
- 7. Pathogenesis of Retinal Detachment.
- 8. Classify Retinal Detachment. Discuss the basic steps of Retinal Detachment Surgery.
- **9.** Discuss the pathogenesis, classification, clinical features and management of **Hypertensive Retinopathy.**
- **10.** Write the aetiopathogenesis and management of **Central Serous Retinopathy.**

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- 11. What are the Recent Advances in Age-Related Macular Degeneration?
- 12. Describe the pathogenesis, clinical features and management of **Central Retinal Vein Occlusion**.

Neuro-Ophthalmology:-

- 1. Discuss the pathogenesis and differential diagnosis of **Papilloedema**.
- 2. What are the causes of Bilateral Optic Disc Swelling? How will you investigate & manage it?
- 3. Discuss the clinical features and management of **Optic Neuritis.**
- 4. Etiology & clinical features & management of Papilitis.
- 5. Describe the aetiopathogenesis and management of **Optic Neuropathy.**
- 6. How will you investigate and manage a case of 3rd Cranial Nerve Palsy?

Intraocular Tumors:-

- 1. Describe the clinical picture and treatment of **Retinoblastoma**.
- Describe the histopathology, mode of presentation and spread of a case of Retinoblastoma.
 Write down the investigation procedures and line of management.
- 3. Discuss the differential diagnosis of White Pupillary Reflex.
- 4. Discuss the histopathology of **Malignant Melanoma of Eye.** Discuss the mode of spread and its prognosis.
- 5. Pathological prognostic factors and cytological classification of **Choroidal Melanoma**.

Diseases of the Orbit:-

- 1. Write the causes of **Proptosis in Children** and how will you manage it?
- 2. Describe the pathology of **Dysthyroid Ophthalmoplegia.** Write down the investigation and management.

Diseases of the Lacrimal Apparatus:-

1. Describe the clinical course of **Acute Dacryocystitis** and management.

Ocular motility: Squint:-

- 1. Discuss the mechanism of development, diagnosis and management of various Amblyopia.
- 2. An young adult having **Diplopia of recent origin.** How will you investigate the case to come to a definite diagnosis?
- 3. Discuss the etiology, C/F and management of Paralytic Strabismus.
- 4. Describe the causes of Lateral Rectus Palsy. Discuss their management.

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Ocular Injuries:-

- 1. Histopathology & possible etiologies of Sympathetic Ophthalmitis.
- 2. Management of Hyphaema.
- 3. C/F and management of Retained Intraocular Foreign Body.

Metabolic & Systemic Diseases of the Eye:-

- 1. A patient of **Tuberculosis** came to you with the complaint of **Dimness of vision.** What may be the causes? Discuss the management.
- 2. Describe the Ocular Complications of T.B.
- 3. Discuss the ocular manifestations of Inborn Error of Metabolism except Diabetes.
- 4. Ocular Manifestations of AIDS.

Common Eye Surgeries:-

- 1. DLEK.
- 2. Describe detail technique of **Deep Lamellar Endothelial Keratoplasty (DLEK)**.
- 3. Indication, contraindication and complication of **Penetrating Keratoplasty**.
- 4. How do you manage a Post Operative Shallow Anterior Chamber following a Trabeculectomy?
- 5. Discuss the various **Refractive Surgeries** with their advantages and disadvantages.
- 6. Describe the various procedures for **Small Incision Cataract Surgery** and its advantages & disadvantages.
- 7. Classify Retinal Detachment. Discuss the basic steps of Retinal Detachment Surgery.

Blindness and its prevention:-

- 1. Describe in short "The National Programme for control of Blindness."
- 2. What are the manifestations of Vitamin A deficiency? How will you manage them?
- 3. Discuss the ocular manifestations in various forms of Nutritional Disorders.
- 4. Causes of Painless Gradual Loss of Vision in Elderly. Causes of Blindness in Children in India.

Miscellaneous:-

- 1. Discuss use of Laser in Ophthalmology.
- 2. Write pre-operative evaluation, patient selection & complication of LASIK.
- **3.** Discuss the clinical utility of **OCT.**

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- 4. What are the Uses of Ultrasonography in Ophthalmology?
- 5. Describe the different Methods of Examination of Cornea.

: Short Questations :

Embryology & Anatomy:

- 1. Levator Palpebrae Superioris.
- 2. Superior Orbital Fissure.
- 3. Angle of Anterior Chamber.
- 4. Ciliary Ganglion.
- 5. Surgical Limbus.
- 6. Superior Oblique Muscle.

The Physiology of Eye & Vision:

- 1. Hemianopia.
- 2. Adie's Pupil.
- 3. Marcus Gunn Pupil.
- 4. Theories of Colour Vision.
- 5. Colour Vision Tests.
- 6. Functions of Tear.
- 7. Dark Adaptation.
- 8. V.E.R.
- 9. Pupillary Pathway.
- 10. Binocular Vision.
- 11. Horopter.
- 12. E.R.G.
- 13. Applanation Tonometry.

Ocular Pharmacology:

- 1. Beta Blockers used in Eye.
- 2. P.G Analogue.
- 3. Tear Substitutes.
- 4. Visco-Elastic Substances.

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5. Uses of Visco-elastic Substance in Ophthalmology.

Optics & Refractions:

- 1. Prism.
- 2. Use of Prism in Ophthalmology.
- 3. Principle of Retinoscopy.
- 4. Low vision aids.
- 5. Optics, uses and care of Contact Lenses.
- 6. Therapeutic uses of Contact Lens.
- 7. Accommodation.
- 8. Anomalies of Accommodation.
- 9. Myopia.
- 10. Pathological Myopia.
- 11. Astigmatism.
- 12. Strum Conoid.

Diseases of the Eyelid:

- 1. Stye.
- 2. Hordeolum Internum.
- 3. Blepharospasm.
- 4. Symblepharon.
- 5. Z-plasty.

Diseases of the Conjunctiva:

- 1. Pterygium.
- 2. Pterygium.
- 3. Phlyctenules.
- 4. Steven-Johnson Syndrome.
- 5. Sjogren's syndrome.
- 6. Conjunctival Concretions.

Diseases of the Cornea & Sclera:

1. Staining of Corneal Ulcer.

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- 2. Neuroparalytic Keratitis.
- 3. Hypopion.
- 4. Episcleritis.
- 5. Anterior Staphyloma.

Diseases of the Uvea:

- 1. Rubeosis Iridis.
- 2. Essential atrophy of Iris.
- 3. Iris Bombe.
- 4. Pars Planitis.
- 5. Endophthalmitis.
- 6. Bechet's Disease.
- 7. Keratic Precipitates.
- 8. Bird-shot Choroidoretinopathy.
- 9. Serpiginous Choroidopathy.
- 10. Posterior Synaechia.

Diseases of the Lens:

- 1. Different of areas in Cataract.
- 2. Investigations of a case of Cataract before surgery.
- 3. Marfan's Syndrome.
- 4. Spontaneous dislocation of Lens.

The Glaucomas:

- 1. Gonioscopy.
- 2. Applanation Tonometry.
- 3. Various types of Tonometry and its merits and demerits.
- 4. Buphthalmos.
- 5. Diagnosis of Primary Open Angle Glaucoma.
- 6. Steroid Induced Glaucoma.
- 7. Management of Intractable Glaucoma.
- 8. Malignant Glaucoma.
- 9. Possner Scholssman's Syndrome.
- 10. Pseudoexfoliation Syndrome.
- 11. Glaucomatous Cupping of Optic Disc.

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Diseases of the Vitreous:

- 1. Vitreous Floaters.
- 2. Eale's Disease.
- 3. Vitreous Substitutes.

Diseases of the Retina:

- 1. Diabetic Retinopathy.
- 2. Cytomegalovirus Retinitis.
- 3. ARMD.
- 4. Macular Hole.
- 5. Management of Diabetic Macular Edema.
- 6. Stargardt's Disease.
- 7. Retro- Lental Fibroplasias.

Diseases of the Optic Nerve:

- 1. Etiology & C/F & Treatment of Papilitis.
- 2. Foster Kennedy Syndrome.
- 3. Morning Glory Syndrome.
- 4. Pseudotumor Crebri.

Diseases of the Orbit:

- 1. Cavernous Sinus Thrombosis.
- 2. Painful Ophthalmoplegia.
- 3. Pseudotumour of Orbit.
- 4. Pulsatile Proptosis.

Ocular Motility: Squint:

- 1. Amblyopia.
- 2. Toxic Amblyopias.
- 3. Heterophoria.
- 4. Microtropia.

Ocular Injuries:

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- 1. Hyphaema.
- 2. Siderosis Bulbi.
- 3. Dalen Fuch's Nodule.
- 4. Black Eye.
- 5. Foreign Body of Cornea.

Common Eye Surgeries:

- 1. Faden Operation.
- 2. Phaconit.
- 3. Conductive Keratoplasty.
- 4. Pneumatic Retinopexy.
- 5. Retinotomy.
- 6. Complications of D.C.R surgery.

Blindness & its prevention:

- 1. Night Blindness.
- 2. Bitot Spot.
- 3. Vit-A Deficiency.
- 4. Causes of Blindness in children in India.
- 5. Eye care and Education in School-going Children.
- 6. Visual Impairment & causes of Blindness in India.
- 7. Vision 2020.
- 8. Duty of a Health Assistant at P.H.C.
- 9. Eye Bank.

Miscellaneous:

- 1. Argon Laser.
- 2. Corneal Topography.
- 3. Keratometry.
- 4. O.C.T.
- 5. Role of O.C.T in Anterior Segment abnormalities.
- 6. Ophthalmodynamometry.
- 7. Confocal Microscopy.
- 8. Keratometer.
- 9. Different types of Anaesthesia in Cataract Surgery.

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Optometry, Question Bank Intravitreal Triamcinolone Acetonide.

- 10.
- 11. Stem-cell Transplant in Ophthalmology.
- 12. Limbal Stem-cell.
- 13. Amniotic Membrane Graft.

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