

## **Social Security Programmes in India**

<b>Programme</b>	<b>Content</b>
1. Midday Meals – children aged 6-14	All children enrolled in government schools, which started in 2001
2. Integrated Child Development Services (ICDS)	Pregnant women and young children <ul style="list-style-type: none"> <li>- Immunisation</li> <li>- Supplementary nutrition</li> <li>- Health check-up</li> <li>- Referral service</li> <li>- Pre-school education</li> <li>- Health and nutrition information.</li> </ul> Started in 1975
3. Employment Guarantee – MGNREGA, started in 2005	Under Sampoorna Grameen Yojana and Food for Work Programme. To provide 100 days of work in rural areas
4. Public Distribution System (PDS)	Started in 1940 for all citizens, In 1997, it included targeted population Subsidised wheat, rice, sugar and kerosene 75% of rural and 50% of urban will get benefits – under NFSA (2013) Two types of ration cards – Priority and Antodaya (poorest of the poor)
5. Social Security Pensions	Widows, elderly women and men above the age of 60 years Rs 700 per month (started with 150, 300 and now 700) Disability – between Rs 1000-2000