# Anatomy of Orbit

sourav

## DEVELOPMENT

- Orbit develops around the eyeball
- Orbital walls- derived from cranial neural crest cells which expand to form

Frontonasal process

Maxillary process

 Lateral nasal process + Maxillary process = medial, inferior and lateral orbital walls

Capsule of forebrain forms orbital roof



-

- bones differentiate during the 3<sup>rd</sup> month and later undergo ossification.
- Ossification by enchondral or membranous type
- Frontal, Zygomatic, Maxillary and Palatine bones-Intramembranous origin
- Sphenoid bone- both enchondral and intramembranous origins
- Although eyeball reaches the adult size by 3years of age,orbit undergoes considerable alterations in size and shape and grows progressively till puberty.

### CHANGES IN ORBIT WITH AGE

	Shape	Height	Width	Index
Fetus	Oval	14mm	18mm	77.7
Newborn	Round	27mm	27mm	100
7 years	Quadrilat.	28mm	33mm	84.4
Adult	Quadrilat.	35mm	40mm	89.2

# ANATOMY

- Orbits are quadrangular truncated pyramidal in shape
- ✤ Bounded:
  - Superiorly Anterior cranial fossa
  - Medially Nasal cavity & Ethmoidal air sinuses
  - Inferiorly Maxillary sinus
  - Laterally Middle cranial fossa & Temporal fossa

#### DIMENSIONS



- ✤ Volume:30 ml
- Rim: horizontally 40 mm and vertically 35 mm
- Intra orbital width:25mm
- Extra orbital width:100mm
- Depth :medially42mm, laterally 50 mm



### WALLS OF THE ORBIT

✤ Medial
✦ Lateral
✦ Floor
✦ Roof



### **MEDIAL WALL**

#### Formed(Antero-posteriorly)

- 1. Frontal process of Maxilla
- ✤ 2. Lacrimal bone
- 3. Orbital plate of Ethmoid
- ✤ 4. Body of the sphenoid



# CONTD...

- Thinnest orbital wall:0.2-0.4mm thick
- ✤ Are spaced 2.5cms apart.
- Parallel to each other.
- Measures about 4.4 to 5cm
- Majority of it is formed by Lamina papyracea

### LAND MARKS

#### **1.LACRIMAL FOSSA**

- ✤ Forms the anterior part of medial wall.
- ✤ Formed by frontal process of maxilla and lacrimal bone.
- Contains the lacrimal sac.
- Bounded by anterior and posterior lacrimal crests
- Medial to lac fossa upper part has ant ethmoidal sinus and lower part has middle meatus of nose
- Just behind post lacrimal crest attachment of horners muscle,check ligament of MR and septum orbitale

2.Anterior and posterior ethmoidal foramen3.WEBERS SUTURE-infra orbital arteryAPPLIED ANATOMY

- Since it is thinnest, ethmoiditis is the commonest cause of orbital cellulitis, especially in children.
- Frequently eroded by chronic inflammatory lesions, neoplasms, cysts.
- It is easily fractured during trauma and during orbitotomy operations.
- Hemorrhage can occur due to trauma to ethmoidal vessels.

- Accidental lateral displacement of medial walltraumatic hypertelorism
- Medial wall provides alternate access route to the orbit through the sinus
- Lacrimal bone can be easily penetrated during endoscopic DCR

# FLOOR

- ✤ Formed by:
- Maxillary bone medially
- Zygomatic bone laterally
- Palatine bone posteriorly



- Triangular in shape.
- Slopes downward and laterally
- Shortest orbital WALL
- Bordered laterally by inferior orbital fissure and medially by maxilloethmoidal suture
- Overlies maxillary sinus

LAND MARKS

#### INFRA ORBITAL GROOVE



#### INFRA ORBITAL FORAMEN

≈4 mm
 inferior to the
 inferior orbital
 margin
 Transmits
 -Infraorbital nerve
 -Infraorbital vessels



### **APPLIED ANATOMY**

Commonly involved in BLOW OUT FRACTURES OF THE ORBIT.infra orbital vessels and nerves amlost always involved

Easily invaded by tumours of the maxillary antrum.



# LATERAL WALL

- Traiangular, makes 45' with medial plane
- Formed by two bones
- Ant zygomatic bone
- Post greater wing of sphenoid
- Separates orbit from-
  - Middle cranial fossa
  - Temporal fossa



### LAND MARKS

- Sphenoid area seperates from roof and floor by sup and inf orbital fissures
- Zygomatic merges with floor and joins the roof at front to form *zygomatic suture*
- More anterior wall is transversed by *zygomatic groove and foramena*(zygo vessels and N. pass through)
- Ant part of the wall projection *TUBERCLE OF WHITNALL*, gives attachment to check ligaments of lateral rectus and susp ligaments of eye ball.
- In maxillary resection if tubercle of whitnall damaged causes diplopia

#### **APPLIED ANATOMY**

- Protects only the posterior part of globe, Hence palpation of retrobulbar tumours is easier from lateral side than nasal.
- Since lateral wall is almost devoid of foramina, bleeding is less.
- The Zygomatico-Sphenoid suture important landmark in creating the flap in lateral orbitotomy

# ROOF

- Underlies Frontal sinus and Anterior cranial fossa
- ✤ Formed by-
  - 1. Frontal bone (Orbital plate)
  - 2. Lesser wing of Sphenoid
- Triangular
- Faces downwards, and slightly forwards



### LAND MARKS 1.SUPRAORBITAL NOTCH:

LOCATION:  $\approx$ 15 mm lateral to the superomedial angle

TRANSMITS:

- Supraorbital nerve
- Supraorbital vessels

SURFACE ANATOMY:

- At the junction of lateral 2/3<sup>rd</sup> and medial 1/3<sup>rd</sup>
- About two finger breadth from the medial plane



#### **APPLIED ANATOMY**

- > Thin and periorbita peels away easily
- Objects piercing upper eyelid penetrate roof and damage frontal lobe
- No major blood vessels present can be easily nibbed in transfrontal orbitotomy
  - At the junction of roof and medial wall the suture line lies in proximity to cribriform plate of ethmoid.Any trauma rupture of dura mater AND CSF escapes into orbit/nose/both

### **ORBITAL MARGINS**

4 MARGINS:

Superior,

lateral,

medial

inferior



### **APPLIED ANATOMY**

- SUPERIOR- Supra orbital notch site for nerve block
- LATERAL -fronto zygomatic suture Prone for separation following blunt trauma
- INFERIOR-At the junction of lateral 2/3<sup>rd</sup> & medial 1/3<sup>rd</sup> just within the rim- small depression- origin of Inferior oblique Prone to fracture and diplopia

# **APEX OF THE ORBIT**

### OPTIC CANAL and SUP ORBITAL FISSURE OPTIC CANAL

- It transmits the optic nerve (with its meninges) and ophthalmic artery.
- ✤ Average length is 6 to 11mm.
- ✤ It connects the orbit to the middle cranial fossa.
- Adult dimensions are achieved by 4-5yrs
- Optic nerve glioma or Meningioma may lead to unilateral enlargement of Optic canal

#### **SUPERIOR ORBITAL FISSURE**



- It is a comma shaped aperture in the orbital cavity.
- It is bounded by greater and lesser wings of sphenoid.
- ✤ It is situated lateral to optic canal.
- It is divided into upper,middle and lower parts by common tendinous ring.

### **APPLIED ANATOMY**

- TOLOSA HUNT SYNDROME-Inflammation of the superior orbital fissure and apex may result in a multitude of signs including ophthalmoplegia and venous outflow obstruction
- ◆ SUPERIOR ORBITAL SYNDROME-Fracture at superior orbital fissure→Involvement of cranial nerves→Diplopia, Ophthalmoplegia, Exophthalmos, Ptosis

### **CONNECTIVE TISSUE SYSTEM**

✤ Periorbita

✤ Orbital septal system

✤ Tenon's capsule

### PERIORBITA

- Loosely adherent to the bones
- Sensory innervation by branches of V'th nerve
- ✤ Fixed firmly at
  - Orbital margins (Arcus marginale)
  - Suture lines
  - Various fissures & foramina
  - Lacrimal fossa

**APPLIED ANATOMY**-Surgery in the orbital roof in the areas of fissures and suture lines may be complicated by cerebrospinal fluid leakage .



### **ORBITAL SEPTAL SYSTEM**

- Includes the connective tissue septa which are suspended from the periorbita to form a complex radial and circumferential interconnecting slings.
- These septa surround Extraocular muscles,
   Optic nerve, neuro-vascular elements and the fat lobules.

### **TENON'S CAPSULE**

- Also known as Fascia bulbi or bulbar sheath.
- Dense, elastic and vascular connective tissue that surrounds the globe (except over the cornea).
- Begins anteriorly at the perilimbal sclera, extends around the globe to the optic nerve, and fuses with the dural sheath and the sclera.
- Separated from the sclera by periscleral lymph space, which is in continuation with subdural and subarachnoid spaces.

### **CONTENTS OF THE ORBIT**

- ✤ Eye ball
  - Muscles
    - ✤ 4 Recti
    - ✤ 2 obliques
    - Levator palpebrae superioris
    - Muller's muscle (Musculus orbitalis)
- ✤ Nerves
  - Sensory- branches of V'th Nerve
  - Motor- III'rd, IV'th & VI'th Nerve
  - + Autonomic- N. to the Lacrimal gland
    - Ciliary ganglion

#### ✤ Vessels

#### Arteries-

- Internal carotid system- branches of ophthalmic artery
- External carotid system- a branch of internal maxillary artery
- ✤ Veins-
  - Superior ophthalmic vein
  - Inferior ophthalmic vein
- Lymphatics-
  - ✤ none
- ✤ Lacrimal gland
- Lacrimal sac
- Orbital fat, reticular tissue & orbital fascia

### SURGICAL SPACES OF THE ORBIT



#### **SUBPERIOSTEAL SPACE:**

- Potential space between the periorbita and the orbital bones,
- limited anteriorly by the strong adhesions of periorbita and orbital bones

#### **SUBTENON'S SPACE**

- Potential space around the eyeball between the tenons and the sclera.
- Anterior and posterior subtenons injections are given.
- ✤ Abcesses are drained by incising the conjunctiva.

#### PERIPHERAL ORBITAL SPACE

#### **Bounded:**

- peripherally by periorbita
- internally by the four recti with their intermuscular septa
- anteriorly by the septum orbitale
- Posteriorly, it merges with the central space
- **Applied** anatomy
- Peribulbar block is given
- Tumours produce eccentric proptosis
- Commontumours:capillary
   hemangioma,Lymphoma,Lacrimal gland tumours and
   Pseudotumours

### CONTENTS

- Peripheral orbital fat
- ✤ Muscles
  - ✤ SO,IO,LPS
- Nerves
  - LacrimaL, Frontal, Trochlear, Anterior ethmoidal, Posterior ethmoidal
- ✤ Veins
  - Superior ophthalmic, Inferior ophthalmic
- ✤ Lacrimal gland
- ✤ Lacrimal sac

### **CENTRAL SPACE**

Muscular cone /posterior/retrobulbar space

- Bounded anteriorly by the tenons capsule, peripherally by the EOM and their septa
- Posteriorly continues with the peripheral orbital space

### CONTENTS

- Central orbital fat
- ✤ Nerves
  - Optic nerve (with its meninges)
  - Oculomotor
    - ✤ Superior and inferior divisions
  - ✤ Abducent
  - Nasociliary
  - Ciliary ganglion
- ✤ Vessels
  - Ophthalmic artery
  - Superior ophthalmic vein

#### **Applied** anatomy

- Retrobulbar block is given into this space
- Tumours arising give rise to axial proptosis
- Removed by lateral orbitotomy
- Optic n gliomas, meningiomas, cavernous hemangiomas, neurofibromas..

### **AGE CHANGES IN THE ORBIT**

- Infantile orbits are more divergent (≈115°) than those of adults (≈40-45°)
- Interorbital distance is smaller in children- may give false impression of squint
- Periorbita much thicker and stronger at birth than in adults
- Roof much larger than floor in infancy
- Optic canal has no length at birth- a foramen
  - at 1 year of age  $\approx 4 \text{ mm}$

#### SENILE CHANGES

Largely due absorption of bone.

Thus elderly skull holes sometimes occur in the roof of the orbit ,the periorbita being in direct contact with duramater.

✤ Walls show thinning and fissures are widened.

# THANK YOU