Pesticides and Human Health



Chapter 6
Pesticide Applicator Core
Training Manual

HAZARD = EXPOSURE x TOXICITY



Exposure - how pesticides enter the body

Toxicity - how poisonous the pesticide is



4 Methods of Exposure

- Dermal (skin)
- Oral (mouth)
- Inhalation (lungs)
- Eyes

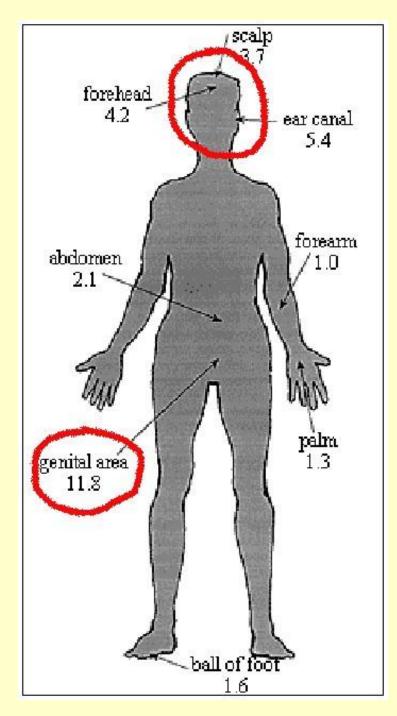




Dermal exposure

- rinse with water
- remove contaminated clothing
- wash with plenty of soap and water





- Parts of the body absorb pesticides at different rates.
- The head is 4 times more absorbent then the hand
- and the genital area is 11 times more absorbent.



Oral Exposure



- rinse mouth with water
- Do not induce vomiting if
 - victim is unconscious
 - having convulsions
 - petroleum based product
 - corrosive pesticide
 - label specifies NOT to induce vomiting

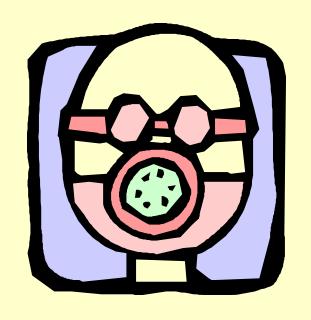
Pesticides removed from their original containers are the highest cause of pesticide poisonings in adults and children.





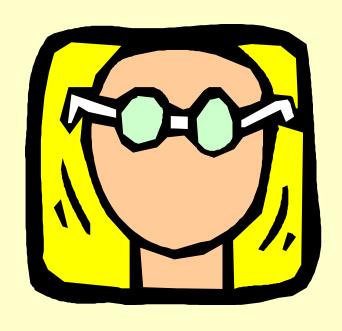
Inhalation Exposure

- remove to fresh air
- loosen tight clothing
- keep air passages clear
- perform artificial respiration if necessary





Eye exposure



- wash eye with a gentle stream of clean water for 15+ minutes
- get medical attention if there is pain or reddening of the eye

First Aid



- Act immediately!
- Stop exposure
- Rinse with clean water
- Read and follow label directions!
- See a doctor and bring the pesticide label.

HAZARD = EXPOSURE x TOXICITY

Toxicity = the pesticide's ability to cause damage

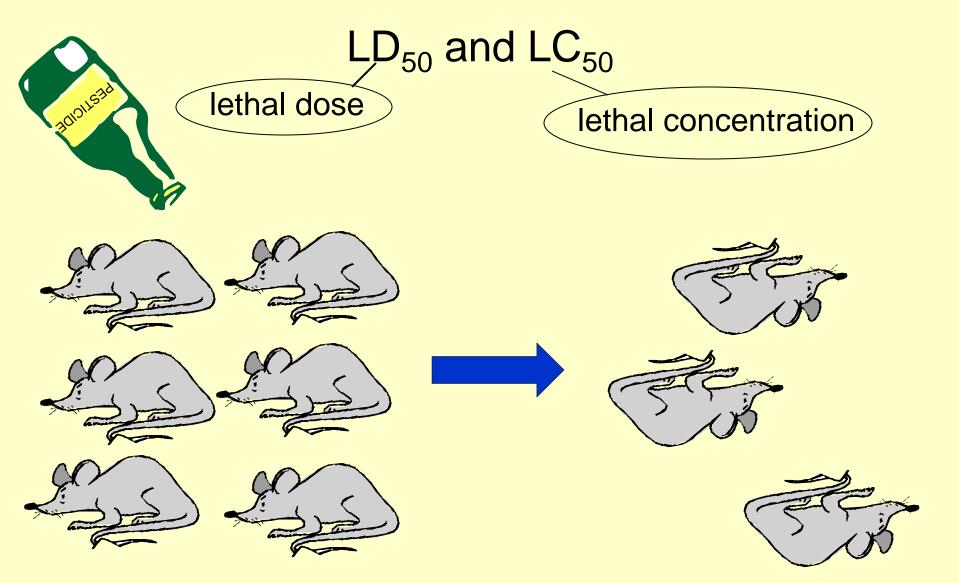


Acute Toxicity



- immediate harm caused by pesticide exposure (within 24 hours)
- signal words measure acute toxicity for skin, mouth, lung and eye exposure

Acute Toxicity is measured in



What this means

higher $LD_{50}/LC_{50} = less toxic$







lower LD_{50}/LC_{50} = more toxic



Toxicity - 4 Categories



TOXICITY CATEGORY	ORAL LD ₅₀ (mg/kg)	SIGNAL WORD	APPROX. ADULT LETHAL DOSE (ORAL)
	0-50	DANGER/ POISON	Few drops to 1 teaspoon
II	50-500	WARNING	1 teaspoon to 1 ounce
III	500-5,000	CAUTION	1 ounce to 1 pint or pound
IV	>5,000	CAUTION	More than 1 pint or pound

Putting it all together.....

High Acute Toxicity

- = Category I
- = DANGER/POISON
- $= low LD_{50}/LC_{50}$
- = small amount of pesticide can kill or harm you

Acute Toxicity - symptoms

- Dermal skin irritation, reddening, itching
- Oral nausea, muscle twitching, sweating, weakness
- Inhalation burning of throat and lungs, coughing
- Eye temporary or permanent irritation or blindness



Chronic Toxicity



- delayed time lapse between exposure and effects (don't appear immediately)
- result of repeated exposure to same pesticide or one with similar mode of action
- or from a single exposure
- effects are not seen until much later

Chronic toxicity can cause

- cancer
- tumors
- birth defects
- infertility or sterility
- impotence



- blood disorders

 (anemia, inability to clot)
- brain damage
- paralysis
- emphysema, asthma
- kidney problems

REMEMBER:

Low-level exposure to chemicals that have potential to cause longterm effects may not cause immediate injury, but repeated exposures can greatly increase the risk of chronic adverse effects.



Allergens

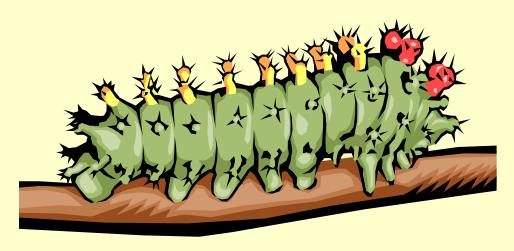
- anything that causes allergies
- need more than 1 exposure to product
- after the 1st exposure the body develops a negative response
- when exposed again, the body responses negatively = allergic reaction



Allergies can cause

- trigger an asthma attack
- shock
- rashes, blisters, contact dermatitis
- itchy, watery eyes
- sneezing

Why are some pesticides a health risk?



The nervous system of insects and humans have some common characteristics.



Nervous System

- Nerves communicate with electrical signals.
- Special proteins called "transmitters" carry the electrical signal across the gap between 2 nerves.
- Other proteins called enzymes, clean out the gap so the nerve is ready for the next signal
- Insects and humans have some of the same transmitters and enzymes.



Organophosphates (OP)

- widespread use and high toxicity
- interferes with an important nervous system enzyme, cholinesterase
- nerves continuously send messages to the muscles
- causing twitching, convulsions, seizures and death

Organophosphates (OP)

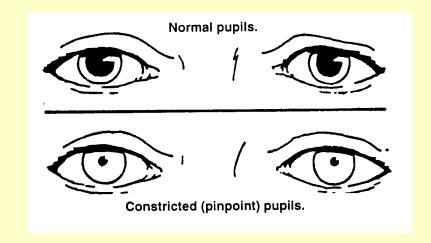
- Large exposures can cause acute poisoning.
- Small exposures over time "add up" in the body leading to poisoning.

Carbamates

- also interferes with cholinesterase
- broken down by the body
- acute poisoning

Symptoms of OP and Carbamate poisoning

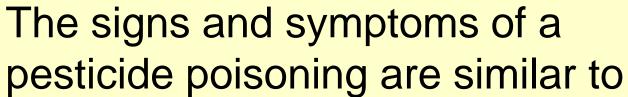
- Mild headache, fatigue, dizziness
- Moderate muscle twitching, unable to walk, pinpoint pupils
- Severe unconscious, seizures, death



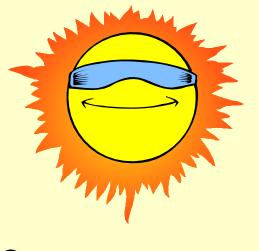
Cholinesterase Test Program

- Consult your doctor.
- off season base line test (January or February)
- periodic testing during the season
- monitor changes in chlolinesterase levels





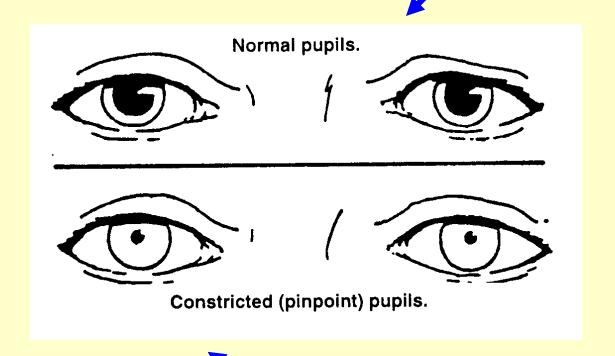




Heat Stress symptoms

- exhaustion, headache, nausea, chills, dizzy
- thirsty and dry mouth
- clammy skin or hot, dry skin
- heavy sweating or not sweating
- confused, slurred speech, irrational
- death

Pupils of a heat stress victim are normal.



Pupils of an OP pesticide poisoning victim are pinpoint.



Heat Stress

- move to shade
- rapidly cool victim splash or sponge cool water on skin
- drink as much water as possible
- stay calm and call for help



HAZARD = EXPOSURE x TOXICITY

The best way to avoid a pesticide poisoning is to protect yourself by reading the label and wearing personal protective equipment.

