

Physico-chemical characteristics of skim milk, casein classification and specifications

What is Skim Milk???

Non-fat, defatted milk

Rich in solid not fat content and has high nutritional value

A by-product obtained during the manufacture of cream

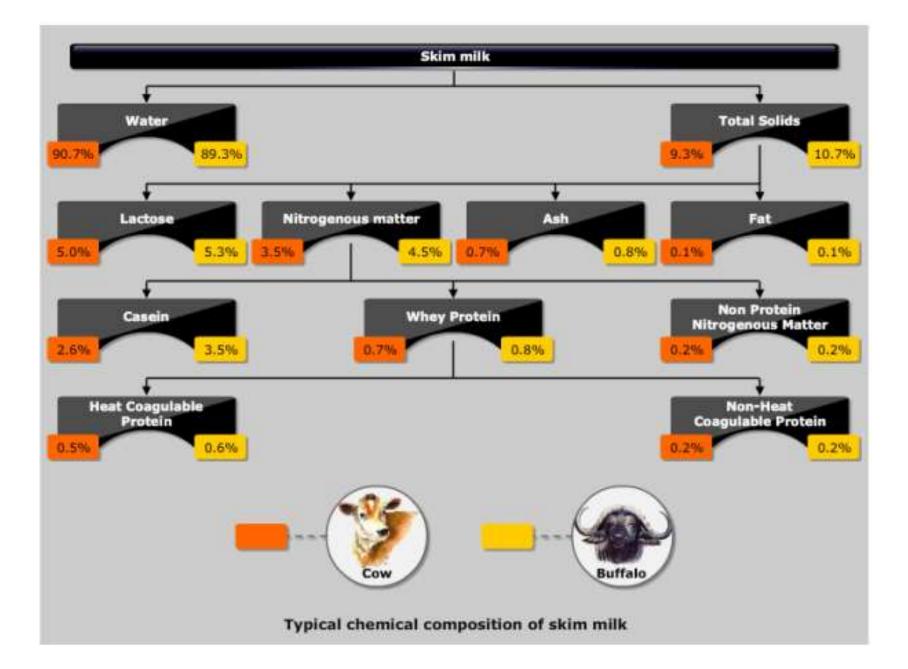
Physico-Chemical Characteristics of Skim Milk

1. Chemical composition

- Skim milk and cream are the products of whole milk separation through a cream separator.
- Skimmed milk is the product prepared from milk from which almost all the milk fat has been removed mechanically and it should have not more than 0.5% fat and minimum 8.7% milk SNF (FSSAI, 2011).
- Buffalo skim milk contains higher total solids (about 10.7% including higher lactose and casein) as compared to cow skim milk (9.3% total solids).

2. Density/ Specific gravity

- Density of milk is determined by its % composition, temperature and processing treatments.
- Specific gravity of skim milk at 15.5°C is 1.036.



3. Viscosity

- Viscosity of milk depends on the temperature, amount and state of dispersion of the solid components.
- Representative values at 20°C for skim milk is 1.5 cP.
- Caseinate micelles are important contributors to the viscosity.
 Decline of viscosity from 5 to 30°C, reflecting a decrease in voluminosity of the caseinate micelles.
- Above 30°C, the decrease is less marked upto 65°C, where the whey proteins begin to denature.

4. Surface and interfacial tension

- Area of contact between two phases is called "interface".
- Properties of interfaces and surfaces are determined by the number, kind and orientation of molecules located in them.
- Surface tension of skim milk at 20°C is 51 dynes cm⁻¹

5. Electrical conductivity

- > EC of milk is mainly due to Na, K, and Cl etc.
- Fat globules of milk reduce the conductivity by occupying volume and by impeding the mobility of ions. So, conductivity of the whole milk is less than that of skim milk by about 10%.
- The production of acid by bacterial action increases the conductivity of milk.
- Conductivity increases about 0.0001 ohm⁻¹ cm⁻¹ per °C rise in temperature.

6. Refracting index

- Refracting index of a substance is defined as the ratio of the speed of light in a vacuum to its speed in that substance. One consequence of refraction is to change the direction of a light ray as it enters or leave the substance.
- Refractive index of skim milk falls in the range of 1.3440-1.3485.

7. Solubility

Between pH 3.5 and 5.5, caseins are very insoluble which restricts its use in low pH foods.

8. Heat stability

- Skim milk normally withstands heating at 140°C for 20 min, while concentrated skim milk (20% TS) is usually stable at 120°C for 20 min.
- Heat induced interaction between β-Lg and κ-casein plays a major role in determining the heat stability and rennet clotting behavior of milk.

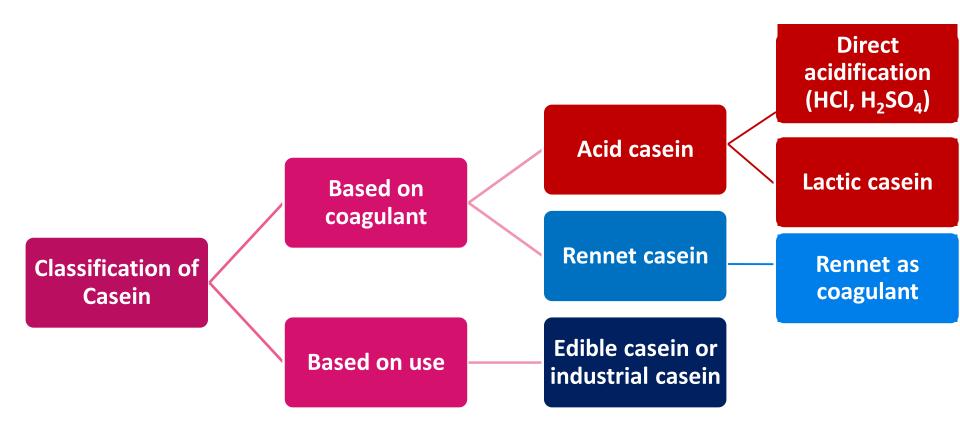
9. Heat capacity and thermal conductivity

- Heat capacity of substance is the quantity of heat required to raise the unit temperature of a unit mass.
- **Expressed** as cal g⁻¹ °C⁻¹.
- Skim milk exhibits small but definite linear increase in heat capacity between 0-50°C from about 0.933 to 0.954 cal g^{-1°}C⁻¹.
- There is a marked decrease in heat capacity as the total solid contents of the sample is increased.
- Dried skim milk products have heat capacities of 0.28-0.32 cal g⁻¹ °C⁻¹ in 18-30°C.

Casein: Classification & Specifications

Casein is the principal protein in milk.

- 1. Edible casein is a established dairy by-product finding its use as an ingredient in many dairy and food products.
- 2. Its manufacture differs from that of non-edible casein (industrial casein) in that it is produced under sanitary conditions, food grade chemicals to be used and sufficiently heat treated to make it safe for human consumption.
- 3. Manufacturing technologies and introduction of efficient plant designs improved the technology of caseins.



Specifications: Standards for edible casein

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National Standards			
FSSAI Standards	Standards, edible casein products mean the products obtained by separating, washing and drying the coagulum of skimmed milk.		
	Edible acid casein: Obtained by separating, washing and drying the acid precipitated coagulum of skimmed milk.		
	Edible non-animal rennet casein: Obtained after washing and drying the coagulum remaining after separating the whey from the skimmed milk which has been coagulated by non-animal rennet or by other coagulating enzymes.		
	White to pale cream or have greenish tinge		
	Free from lumps and any unpleasant foreign flavour.		
	May contain food additives permitted in these regulations.		
BIS Standards	Casein shall be prepared from skim milk of either cow/buffalo or a mixture of both.		
	White/pale cream in colour and have no undesirable odour/any foreign matter.		
	Free from any added colour or preservative.		
	Size of the particles shall be such that 100% by weight of casein shall pass through 500 μ IS Sieve.		

FSSAI (2011) compositional standards for edible casein

Requirements	Acid Casein	Non-animal rennet Casein
Moisture	Not more than 12.0 percent m/m	Not more than 12.0 percent m/m
Milk Fat	Not more than 2.0 percent m/m	Not more than 2.0 percent m/m
Milk Protein (Nx6.38) on dry weight	Not less than 90.0 percent m/m	Not less than 84.0 percent m/m
Casein in Protein	Not less than 95.0 percent m/m	Not less than 95.0 percent m/m
Ash including P2O5	Not more than 2.5 percent m/m	Not less than 7.5 percent m/m
Lactose	Not more than 1.0 percent m/m	Not more than 1.0 percent m/m
Free Acidity	Not more than 0.27 percent	-

Specifications: Standards for edible casein

International Standards	The International Standard (FIL-IDF 45, 1969) defines the quality of edible acid casein. Dry casein is in the form of a coarse powder of white to cream-yellow colour that has odour and flavour of pure milk.
European Communities Standards	According to official standards of European countries, edible rennet casein means edible casein obtained by precipitation using the technological adjuvants.

	Internatio	BIS Standards	
Requirement for edible casein	(FIL-II	(IS:1167-1965)	
	Extra grade	Standard grade	
Moisture, % by weight, max.	12	12	10
Total ash, % by weight,			2.5
(on dry basis), max.			
Copper, max.	5 ppm	5 ppm	2
Lead, max,	5 ppm	5 ppm	
Iron, max.	20 ppm	20 ppm	2
Acid insoluble ash, % by	1.00	a	0.1
weight (on dry basis) max.			
Fat % by weight	1.7	2.25	1.5
(on dry basis) max.			
Nitrogen, % by weight	-	2	14.5
(on dry basis), min.			
Protein, % by weight	95	90	2
(on dry basis), min.			
Total acidity in terms		-	6-14
ofml. of 0.1 N NaOH/g.			
Free acidity in terms of	0.20/g	0.27/g	5.6/10 g
ml of 0.1 N NaOH, max.			
Lactose, % by weight, max.	0.2	1	Ц.
Bacterial counts, per g, max.	30,000	100,000	50,000
Coliform count, max.	Negat	10 per g	
Mould count, per g, max.	1.50		50
Moulds and Yeasts, per g, max.	50	100	<u> </u>
Thermophillic organisms, per g, max.	5,000	5,000	
Optional Requirements			
Staphylococci (beta haemolytic coagu-	Negative	Negative	,a
lase positive), per g.			
Salmonella, per 100 g.	Negative	Negative	

National and International Standards for edible acid case in

a)	Essential factors of composition	
1.	Maximum moisture content	10% by weight
2.	Minimum milk protein content calculated on the dried extract	84% by weight
	of which minimum casein content	95% by weight
3.	Maximum milk fat content calculated on the dried extract	2% by weight
4.	Minimum ash content (P2O5 included)	7.50% by weight
5.	Maximum anhydrous lactose content	1% by weight
6.	Maximum sediment content (burnt particles)	22.5 mg in 25 g
b)	Contaminants	
	Maximum lead content	1 mg/kg
c)	Impurities	
	Extraneous matter (such as wood or metal particles, hairs or	Nil in 25 g
	insect fragments)	
d)	Harmless technological adjuvants suitable for human con-	
	sumption	
	-rennet	
	-other milk-coagulating enzymes	
e)	Organoleptic characteristics	
1.	Odour	No foreign odours
2.	Appearance	Colour ranging from
		white to creamy white;
		the product must not
		contain any lumps that
		would not break up
		under slight pressure.

European Communities Standards (237/30, 1983) for edible rennet casein

Standards for industrial casein

The International Standard (FIL-IDF 45, 1969) defines the quality of casein for industrial use. The mineral content is substantially lower in acid casein than in casein coagulated with proteolytic enzymes.

Component (max)	Rennet Casein			Acid Casein		
Component (max)	Extra Grade	First Grade	Standard Grade	Extra Grade	First Grade	Standard Grade
Moisture (%)	12.0	13.0	13.0	12.0	12.0	13.0
Milk fat (%)		-	-	2.0	2.25	2.5
Milk fat (% on dry basis)	1.0	1.25	1.50	2.25	2.5	3.0
Ash (%) (P2O5 included)				2.3	2.5	3.0
Ash (% on dry basis)	7.5	7.5	7.0	2.5	2.7	3.3
Free acid (ml of 0.1N NaOH/g total solids)			-	0.33	0.88	1.32
Sediment/10 g (mg)		100	-	15.0	22.5	

International Standards (FIL-IDF 45:1969) for quality of industrial casein