Urinary System

Introduction

The urinary system, also known as the renal system

The urinary system refers to the structures that produce and conduct <u>urine</u> to the point of excretion.

URINARY SYSTEM ORGANS

- Kidneys (2)
 Ureters (2)
 Urinary bladder
 Urethra
- Kidneys produce urine
- Ureters –transport urine to bladder
- Urinary bladder stores urine
- Urethra transports urine to exterior

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Inferior vena cava
Adrenal gland
Kidney
Aorta
Ureter
Bladder
Urethra

Kidney

- The human body normally has two kidneys, one on the left and one on the right.
- The functional unit of the kidney is nephron.
 - Vrine is formed by <u>nephrons</u>

Location and External Anatomy of kidney

- □ Located Lateral to T_{12} -L₃ vertebrae
- Average kidney
 - 12 cm tall, 6 cm wide, 3 cm thick



Protected by three connective tissue

Renal fascia Attaches to abdominal wall Adipose capsule Fat cushioning kidney Renal capsule **Fibrous sac** Protects from trauma and infection

Anatomy of Kidney





Gross anatomy

Renal parenchymaRenal sinus

KIDNEY ANATOMY

- Renal parenchyma
- Two zones
 - Outer cortex
 - Inner medulla



Anatomy of the kidneys

Superficial outer cortex and inner medulla
 The medulla consists of 6-18 renal pyramids

6 The cortex is composed of roughly 1.25 million nephrons

KIDNEY ANATOMY

Renal parenchyma

- Renal pyramids
 - Extensions of cortex (renal columns) divide medulla into 6 – 10 renal pyramids
 - Pyramid + overlying cortex = Lobe
 Point of pyramid = Papilla
 - Papilla nested in cup (minor calyx)
 - 2 3 minor calyx
 - 2 3 major calyx
 - Renal pelvis
 Ureter

KIDNEY ANATOMY

<u>Renal sinus</u>

Surrounded by renal parenchyma
 Contains blood & lymph vessels, nerves, urine-collecting structures
 Hilus

On concave surface

Vessels and nerves enter and exit

Description of the and minor calyx along with the pelvis drain urine to the ureters





NEPHRONS

Nephrons

Functional units of kidney
~1.2 million per kidney
Three main parts
Blood vessels
Renal corpuscle
Renal tubule







The <u>glomerulus</u> is a <u>capillary</u> tuft that receives its blood supply from an afferent <u>arteriole</u> of the <u>renal circulation</u>.

The glomerular blood pressure provides the driving force for water and solutes to be filtered out of the blood and into the space made by<u>Bowman's capsule</u>

The remainder of the blood passes into the efferent arteriole.

The diameter of efferent arterioles is smaller than that of afferent arterioles, increasing the hydrostatic pressure in the glomerulus.

Bowman's capsule

- The Bowman's capsule, also called the glomerular capsule.
- surrounds the glomerulus.
- It is composed of a visceral inner layer formed by specialized cells called podocytes.
 - Parietal outer layer composed of simple squamous epithelium.

PFluids from blood in the glomerulus are filtered through the visceral layer of podocytes, resulting in the glomerular filtrate.





Renal corpuscle

- Glomerulus plus capsule
- Glomerulus enclosed in two-layered glomerular capsule
 - "Bowman's capsule"
- □Fluid filters from glomerular capillaries
 - Glomerular filtrate"
- Fluid collects in capsular space
- Fluid flows into renal tubule

Renal Corpuscle



Renal tubule

- Leads from glomerular capsule
- Ends at tip of medullary pyramid
- □ ~3 cm long
- Four major regions
 - Proximal convoluted tubule
 - Nephron loop/ loop of Henle
 - Distal convoluted tubule
 - Collecting duct

Nephron-Tubular System



- 1. Proximal convoluted tubule
- Descending loop of Henle
- Ascending loop of Henle
- 4. Distal convoluted tubule

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5. Collecting duct

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Proximal convoluted tubule (PCT)

- Arises from glomerular capsule
- Longest, most coiled region
- lies in cortex
- Ined by simple cuboidal epithelium with brush borders which help to increase the area of absorption greatly.
- Prominent microvilli
 - Function in absorption

Nephron loop ("Loop of Henle")

"U" – shaped, distal to PCT
lies in medulla

2 parts

- Descending limb of loop of Henle
- Ascending limb of loop of Henle

Ascending limb of loop of Henle

- The ascending limb of loop of Henle is divided into 2 segments:
 - Lower end of ascending limb is very thin and is lined by simple squamous epithelium.
- The distal portion of ascending limb is thick and is lined by simple cuboidal epithelium.

Thin ascending limb of loop of Henle

Thick ascending limb of loop of Henle (enters cortex and becomes DCT-distal convoluted tubule.)

Thick segments

- Active transport of salts
- High metabolism, many mitochondria
- **Thin segments**
 - Permeable to water
 - Low metabolism



Distal convoluted tubule (DCT)

- □ Coiled, distal to nephron loop
- Shorter than PCT
- Less coiled than PCT
- Very few microvilli
- Contacts afferent and efferent arterioles
- Contact with peritubular capillaries

Collecting duct

- DCTs of several nephrons empty into a collecting duct
- Passes into medulla
- Several merge into papillary duct (~30 per papilla)
- Drain into minor calyx

CLASSES The two general classes of nephrons are Short Cortical nephrons (80%) □ Juxtamedullary nephrons 20%) which are classified according to the Iength of their Loop of Henle Iocation of their renal corpuscle.

URINE FORMATION

About 1300 ml of blood enters the kidney (20% of the cardiac output) every minute. Normal urine output-1-1.51 /day. About 180 liter of fluid is filtered by the glomerulus everyday of which 99% get reabsorbed and about 1.5 liters of urine is formed.

Overview

- Blood plasma Urine
- Three steps
 - Glomerular filtration
 - Tubular reabsorption
 - Tubular secretion
 - Water conservation

Urine Formation

- Glomerular filtration Creates a plasmalike filtrate of the blood
- 2 Tubular reabsorption Removes useful solutes from the filtrate, returns them to the blood
- 3 Tubular secretion Removes additional wastes from the blood, adds them to the filtrate
- 4 Water conservation Removes water from the urine and returns it to blood, concentrates wastes



Nephron-Tubular System



- 1. Proximal convoluted tubule
- 2. Descending loop of Henle
- 3. Ascending loop of Henle
- 4. Distal convoluted tubule
- 5. Collecting duct

Collecting Duct and Water Reabsorption



KIDNEY FUNCTIONS

Regulate blood volume, pressure
Regulate fluid osmolarity
Secrete renin
Secrete erythropoietin (EPO)
Acid-Base balance
Synthesize calcitriol (Vitamin D)

The Ureters

- Pair of muscular tubes
- Extend from renal pelvis to the bladder
- Oblique entry into bladder prevents backflow of urine

Histology of Ureter

Mucosa – transitional epithelium

Muscularis – two layers
 Inner longitudinal layer
 Outer circular layer
 Adventitia – typical connective tissue



 Carry urine from kidneys to urinary bladder via peristalsis
 Rhythmic contraction of smooth muscle
 Enter bladder from below
 Pressure from full bladder compresses ureters and prevents backflow

Urinary Bladder

□ A collapsible muscular sac Stores and expels urine Full bladder – spherical Expands into the abdominal cavity Empty bladder – lies entirely within the pelvis

Urinary Bladder

Wall of bladder

- Mucosa transitional epithelium
- Muscular layer detrusor muscle
- Adventitia



Urinary bladder

Wrinkles termed rugae

Openings of ureters common site for bladder infection



<u>Urethra</u>

- Conveys urine from body
- Internal urethral sphincter
 - Retains urine in bladder
 - Smooth muscle, involuntary
- External urethral sphincter
 - Provides voluntary control over voiding of urine

Urethra in female

- \Box 3 4 cm long in females
 - Bound by connective tissue to anterior wall of vagina
 - Urethral orifice exits body between vaginal orifice and clitoris



Urethra in male

- ~18 cm long in males
- Prostatic urethra
 - ~2.5 cm long, urinary bladder, prostate
- Membranous urethra
 - ~0.5 cm, passes through floor of pelvic cavity
 - Penile urethra
 - ~15 cm long, passes through penis

Urinary Bladder and Urethra, Male

