

COD LIVER OIL

Biological Source

It is processed from fresh liver of cod fish, *Gadus morrhua* and other species of *Gadus*, belonging to family Gadidae.

Chemical Constituents

The cod liver oil contains glycerides esters of saturated acids of linoleic, oleic, myristic, gadoleic, palmitic, and other acids. The oil has vitamin A and vitamin D. Cod liver oil also contains about 1% unsaponifiable matter; like cholesterol, fatty alcohol, squalene, α -glyceryl esters, etc.

Uses

Oil is used as source of vitamins, in treatment of rickets, tuberculosis, and also as a nutritive.